



GLUTEN-FREE MENU

"I take the dietary needs of our guests as seriously as they do. That's why we have such an extensive gluten-free menu without a lot of substitutions. We want our guests to experience what dining at Fleming's is all about and enjoy all of the great flavors we offer. And because we make everything from scratch our chefs can ensure that your meal will be the best it can be."

— Executive Chef Russell Skall

We will make every attempt to meet your individual dietary needs. Although our kitchen is not gluten-free, the following menu items are appropriate for a gluten-restricted diet. Please advise your Server you are ordering gluten-free.

APPETIZERS

LUMP CRAB LOUIS WRAPS

TENDERLOIN CARPACCIO order without croutons

WICKED CAJUN BARBECUE SHRIMP order without croutons

SHRIMP COCKTAIL

SEARED AHI TUNA order without wasabi and soy sauce, request caper creole mustard sauce

CHILLED SEAFOOD TOWER

SMALL PLATES

SLICED FILET MIGNON

JUMBO SHRIMP SCAMPI SKEWERS

PETITE LAMB CHOPS order without polenta fries

AHI TUNA SKEWERS order without wontons

NEW BEDFORD SCALLOPS order without flour

FILET MIGNON SKEWERS order without red onion balsamic vinaigrette and no marinade

SALADS

FLEMING'S SALAD

THE WEDGE

FRESH MOZZARELLA & SWEET TOMATO

CLASSIC CAESAR

Order all salads without croutons

All dressings are gluten-free with the exception of red onion balsamic vinaigrette

MAIN FILET MIGNON

PETITE FILET MIGNON

LITE FILET MIGNON served with Fleming's potatoes

PRIME RIBEYE

PRIME BONE-IN RIBEYE

PRIME NEW YORK STRIP

PORCINI RUBBED FILET MIGNON

PEPPERCORN STEAK

DOUBLE THICK PORK RIB CHOP

NAGLE VEAL CHOP

DOUBLE BREAST OF CHICKEN

STEAKHOUSE COBB order without puff pastry twist, substitute another dressing for red onion balsamic vinaigrette

PRIME RIB DINNER available on Sundays

order without au jus and horseradish mustard sauce

The following sauces are gluten-free:

Peppercorn

Porcini Mushroom

"F17" Steak Sauce

Lemon Butter

Horseradish Cream

Smoked Jalapeño Aioli

Madeira

Jalapeño Pepper

Béarnaise

Lobster Sauce

SEAFOOD

TUNA MIGNON

SEARED SCALLOPS order without flour

NORTH ATLANTIC LOBSTER TAILS

ALASKAN KING CRAB LEGS

SIDES

FLEMING'S POTATOES

BAKED POTATO all toppings are gluten-free

MASHED POTATOES all varieties are gluten-free

SAUTÉED MUSHROOMS

SAUTÉED SWEET CORN

SAUTÉED SPINACH

ROASTED BABY CARROTS

SAUTÉED FRENCH GREEN BEANS

GRILLED ASPARAGUS

DESSERT

CREME BRULEE

MIXED BERRIES whipped cream and/or vanilla ice cream

VANILLA ICE CREAM fudge sauce

This menu is an informational resource only and should not be considered a substitute for individualized medical advice from personal physicians or registered dietitians. We take great care to ensure the foods offered on this menu are free of gluten and gluten derivatives, however we are not responsible for individual reactions to any foods. Menu items are prepared to order so slight variations may be present.